

# Child Enrichment Groups & Parenting Classes

## *Child Enrichment Groups*



Project CUIDAR-SB in cooperation with *San Bernardino City Unified School District* is offering *Child Enrichment Groups* (during the parenting classes) that include fun activities like arts and crafts. The groups are led by staff with training in child development. Children (3-6 yrs old) also gain experiences that help them learn to deal with their emotions and behavior.

## *Parent Class*

- During the *Child Enrichment Group* parents of young children participate in a parenting skills class.



- This class helps parents strengthen their relationship with their young child.

## *Classes are FREE*

- ② SB City Schools  
*Parent/Family Resource Center*  
1525 W. Highland Ave., San Bernardino, CA 92411
- ② Monday, October 1<sup>st</sup> – November 19, 2007
- ② 8 sessions (*meet every Monday for 8 weeks*)
- ② 5:00 p.m. – 7:00 p.m.

***Call (909) 537-5945  
to reserve a space in the  
Children's Group & Parent Class  
Space is limited. Call TODAY!***

★ A Light meal  
will be provided  
for parents and  
children.

★ FREE childcare  
(up to 12 years)